

Adult Classes

All classes start September 8th. All classes end May 16th.
All adult classes are 4 players to a court.

Dates when adult instructional groups will not meet:

- Nov. 25th after 1pm
- Nov. 26th through Nov. 29th
- Dec. 24th through Jan. 3rd
- April 3th & 4th

Drop-In Pricing (per class)

	Member	Non-member
1 hr class	\$20	\$25
1.5hr class	\$30	\$37

Cardio Clinics

(Co-ed classes) Get a great workout while you play tennis. A fast-paced class with feeding drills and play situations to promote fitness and endurance.

Levels: 3.0 & up

Day	Time
Mon.	8 - 9 am
Mon.	12 - 1 pm
Tues.	12 - 1 pm
Wed.	7 - 8 am
Fri.	11:30 - 1 pm
Sat.	8:30 - 10 am

Need to find out what level you play?
Contact Brian Clark for an appointment at brian@ehitennis.com

Adult Hit Clinics: 4.0 & Up

(Co-ed classes) Picks up the pace with a combination of drills and point play.

Get ready to hit a lot of tennis balls. Levels: 4.0 & up

Day	Time
Tues.	6 - 7:30 pm
Thurs.	6 - 7:30 pm

Adult Hit Clinics: 3.5 & Up Hit Clinic

(Co-ed classes) A combination of fast feeds, singles and doubles drills.

Day	Time
Wed.	6 - 7:30 pm
Sun.	1 - 2 pm

Men's Hit Clinic: 3.5 & Up

A combination of fast feeding, singles and doubles drills.

Day	Time
Mon.	7:30 - 9 pm

Eastern Hills App

- 1) Download "Eastern Hills Indoor Tennis Club" app from App Store or Google Play Store
- 2) Use the same login as the website (instruction above to set up account)
- 3) All classes and discounted court time are under the "Classes" tab at the bottom